



# OGDEN HOUSE 50+ ACTIVITY CLUB DECEMBER 2018



OGDEN HOUSE 50 + ACTIVITY CLUB  
2102 - 69<sup>th</sup> Avenue S.E., [www.ogden50plus.org](http://www.ogden50plus.org)

FAX # 403-279-1009 PHONE: 403-279-2003  
CALGARY, AB T2C 3Y4





## VISION STATEMENT

We are an organization that gives purpose to our lives by keeping us involved socially, emotionally, physically and intellectually.

## BOARD EXECUTIVE

2018

CHAIR	Marlene Phillips
1 <sup>ST</sup> VICE	Shirley Bullough
2 <sup>ND</sup> VICE	Carol Finlay
TREASURER	Mary Ellen Dunphy
SECRETARY	Dave Swanson

**PAST CHAIR** Margaret Moffat

**DIRECTORS**

Brenda Oswald
Oscar LaRocque
Gerry Sylvester
Bill Townshead

### CENTER HOURS

Monday to Friday  
8:30 am – 4:00 pm

Office Closed Weekends  
& Statutory Holidays

Club open after hours including weekends for programs and activities for members only.

## STAFF & PHONE EXTENSIONS (403)2792003

CEO #5		
BOOKKEEPER #1	Renata Michalski	renata@ogden50plus.org
PROGRAMS & VOLUNTEERS# 2	Erika Rodriguez	erika@ogden50plus.org
FILLING THE GAP #4	Marnie Zelinsky	marnie@ogden50plus.org
MOW/SNOW #3	Rick Scott	rick@ogden50plus.org

### IMPORTANT PHONE NUMBERS

POLICE	403-266-1234
FIRE	403-269-0442
BUS ROUTE INFO	403-262-1000
OGDEN HOUSE	403-279-2003
MOW/SNOW	403-236-8139
DISTRESS CENTER	403-266-4357

## MESSAGE FROM YOUR CHAIRPERSON

November was a very busy month for our club with a number of special events. Some members attended the Remembrance Day service at CP. The Latin night was a lot of fun with authentic food and Latin dancing. The roast beef dinner served at TGIF was enjoyed by everyone and The Sgt. Wilson Army Show was a huge success with approximately 85 people attending. A big thank you to Margaret Moffatt for preparing the chicken wings. Finally, the Christmas Tea, Bake Sale and Craft Sale was also well attended by over 80 people and the club took in over \$1,500. Thanks to Erika and all the volunteers for their hard work. I would like to send a special thank you to the members of the Calgary Southridge Lions Club who served the tea, coffee and food.

Please note that the December TGIF date has been moved up one week. **This TGIF will be held on December 14<sup>th</sup>**. We will be having turkey dinner with all the trimmings and great entertainment.

Another date to put on your calendar is December 11<sup>th</sup> when we will have our final general meeting of 2018. The meeting will begin at 1 pm.

So that our staff can enjoy the holiday season, the club will be closed on Monday, December 24<sup>th</sup> and all through the Christmas week and New Years, with staff returning to work on Wednesday, January 2<sup>nd</sup>.

The Board of Directors would like to take this opportunity to wish each one of you good health, peace and happiness throughout the holiday season and the New year. And personally, I want to thank those of you who have given me so much support this year. I really appreciate it. Merry, Merry Christmas!!

Until next time.....Marlene

# LATIN NIGHT

November 2nd. Was the second time that we had a Latin Night at Ogden House, and was a great night. Latin music, lots of dancing, Mexican and Latin food and desserts.





## Lions' Festival of Lights

32st annual display will open from December 1, 2018 @ 5pm  
and will be on nightly 6pm-Midnight until January 8, 2019

The Festival of Lights is the largest FREE drive-by Christmas Lights showcase in Calgary. It's comprised of over 450,000 bulbs on 16,000 strings along 14th St NW. Designed by James Alafriz, Creative Intelligence Agency. It is a collaborative effort that draws upon many volunteers, organizations, and sponsors. Through it all, the Calgary and area Lions Clubs members and volunteers keep things organized and on track.

The Festival is now 99% GREEN, created with over 450,000 LED light bulbs and almost 3 km of power chords. It's put together by volunteers putting in thousands of man hours each and every year and draws over 57,000 visitors per day.



## WHO I AM??????

THIS MONTH'S FIND THE ITEM WINNER

\$25.00 Safeway Card

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

Who I am : \_\_\_\_\_

Please fill in the entry form . The entries will be put in a hat and a winner will be drawn at the December TGIF. The prize will be a \$25 gift card to Safeway.

## MEMBERSHIP'S FOR 2019 ON SALE



The benefits of joining the club are too numerous to list. Come in for a tour and see for yourself what a great place Ogden House is!!!!

**\$35 FOR MEMBERSHIP**

## JUST FOR FUN

Somewhere in the newsletter we have hidden this image:



Now it's up to you to find it!  
When you do, fill out the form and drop it off at Ogden House 50+ Activity Club or email it to: [erika@ogden50plus.org](mailto:erika@ogden50plus.org) for a chance to win a \$10.00 Tim Horton's Gift Card.

There is a box near the front desk for your submissions. Include your name, phone number and the details of where you found it.

## HIDDEN ITEM

THIS MONTH'S FIND THE ITEM WINNER

\$10.00 Tim Horton's Card

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

PAGE & ARTICLE: \_\_\_\_\_

\_\_\_\_\_



## WINNER'S FOR NOVEMBER

**HIDDEN OBJECT:** Ronald Erikson  
**CLUB 50/50 WINNER'S:** Eileen Meierhofer  
**TOONIE 50/50:** Shirley Bullough  
**FREE DINNER:** Lucille Varty

## TGIF DINNER CHRISTMAS

December 14, 2018

**COME AND JOINS US FOR AN EXCELENT DINNER**  
(Turkey, mashed potatoes, salad, vegetables and dessert), **LIVE MUSIC, FRIENDLY PEOPLE AND LOTS OF FUN....\$13.00**



## Ladies Coffee Group

In Ogden House we are inviting all the women interested in participating in our Ladies Coffee Club...every Monday at 9 am. Come and join us for a nice talk, coffee and cookies.



## GOOD FOOD BOX

**ORDER DEADLINE:**  
JANUARY 22, 2019  
**DELIVERY DATE:**  
JANUARY 31, 2019



**SMALL: 20 lbs / \$25.00**  
**MEDIUM: 30 lbs / \$30.00**  
**LARGE: 40 lbs / \$35.00**

**We need 5 orders, paid in full before we can arrange for delivery**

## **FOOT NURSE** **December 17, 2018**

FROM 9:00 am TO 12:00 pm

Please bring a towel

Your Alberta Health Card

\$25.00

Make an appointment with the Front Desk

## PIZZA LUNCH

**DECEMBER 5, 2018 AT NOON \$4.00**



## CAN YOU GUESS WHO I AM????

When I was in high school my older brother had a very beautiful girlfriend. She was tall, probably 6 feet, statuesque and looked like an Amazon queen.

She phoned me one day. Asked what I was doing. Nothing.  
and said, get your bathing suit on, and get down here.

There is a beauty pageant on that I have entered and there are not enough girls to ride on the available cars. YOU don't have to do anything else but ride on the back of a convertible.

So I ran around quickly to find a bathing suit but the one I found pale yellow, was very drab, to be riding on the back of a convertible.

I went scrounging through my mothers jewelry and found a big rhinestone brooch to put in my cleavage.  
and away I went.

By the time we got to the race track where the judging was to be, I was quite enjoying the ride around town.

and was tickled pink when I heard "hey, where's the girl with the rhinestone brooch".

Oh, my brother's girlfriend did not win, either.  
Who am I?

**Please fill in the entry form if you wish to enter the contest. Fill in the month of the newsletter that the article appeared, your guess of who wrote the article and your name and phone number. Erika will go through all the entries and pick out the ones that answered correctly. Those entries will be put in a hat and a winner will be drawn at the December TGIF. The prize will be a \$25 gift card to Safeway. Good luck.**

### Filling in the Gap

Days are flying by and soon a new year! In case you haven't had the chance to read the notice board, I have posted a workshop in January for Fraud presented by the director of Home Instead. Looks as though there is an interest in the Better Choices Better Health, so I will contact Lisa Duke from Primary Care Network and hopefully it is feasible for her to send someone over. Lastly, if those of you who like to cook are interested, community kitchen will make a come back! Sign up and let's get cooking

**Marnie**



## MONDAY MORNING QUILTERS (MMQ)

This quilting group was one of the original groups from Ogden House: starting at the 20A Street and 76 Avenue site before moving up the hill. They originally made large quilts which were raffled at various locations throughout the community – a fair amount of work for many people; eventually the Bank of Nova Scotia bought a quilt from us and raffled it themselves at the bank. If you take a moment you can actually see and feel samples of the projects completed by this early group of quilters, in the reference book section of the lounge.

The Monday Morning Quilters meet on Mondays 9-noon in the craft room where we sew and quilt up projects, large and small. These items are then made available for purchase at our craft sales as well as all year round. Our small group comes together to socialize, learn new things, some come to meet new people while stitching few stitches or a complete quilt. At one time the present M.M.Q. was made of eight ladies (although men are always welcome to quilt!) – Myrna Spooner \*, Jean Crawford\*, Blanche Barnes\*, Millicent Vandersteen\*, Olive Murray\*, Christine Poole, Mary Lou Miller, Gwen Telford. (\* passed on to a higher place, now there are five: three noted above plus Christine Hayman and Deb Lambert.

We welcome anyone who would like to join us; we try to learn something new with each project and welcome new ideas. We are fortunate to have Janome sewing machines and a comfortable area to work in plus a good selection of material to use (scrappy quilts are very popular)

Quilting is part of our history, hand stitching and quilting pieces of material together, as a much needed blanket for a family member or as a gift for someone. Quilting was, and still is, a time to socialize, bringing ladies together for a 'quilting bee', a little chatter and a cup of tea. We are progressing as time goes on and now we find quilts being quilted totally by machine and embroidered by machine, and as one lady put it, they have machines more expensive than my car!



Submitted by Mary Lou Miller and Christine Poole



# Christmas Day

December 25th



CANDY  
CANE  
CAROLING  
CHRISTMAS  
DECEMBER  
HOLLY  
LIGHTS  
MERRY

MISELTOE  
NORTH  
POLE  
PEACE  
PRESENTS  
REINDEER  
SANTA CLAUS  
SLEIGH

SNOWMAN  
STAR  
STOCKING  
SUGARPLUM  
TREE  
WREATH



# DECEMBER BIRTHDAYS

Gary Williamson	December 2
Franz SchwarzBauer	December 2
Garry Rycar	December 3
Tom Nsicand	December 4
Pieter Meima	December 7
Marilyn McMann	December 9
Neil Nevett	December 9
Margaret Oelrich	December 10
Gerald Shortt	December 10
Barry Tucker	December 10
Ken Wedemire	December 10
Reina Pagie	December 12
Hazel Gareau	December 12
Leslie Chmiel	December 12
Derwin Crawford	December 13
Todd Maxwell	December 13

Margaret Skalicky	December 18
Christine Poole	December 18
Shirley Wilson	December 19
Lois Goldeorthy	December 21
Thelma Green	December 23
Mary Lou Greer	December 23
Rose Marie Martin	December 23
Ida del Salamanco	December 26
Laurie Vincent	December 27
Debbie Taylor	December 29
Terry Southwood	December 29
Tony Mozes	December 29
Maggi Fryklund	December 31

## NOTE:

**Remember to return unused or out of date prescriptions to the drug store.  
Lynnwood Drugs also accepts out of date "over the counter" drugs.**

## CHRISTMAS TEA, BAKE AND CRAFT SALE

On November 24 we had our annual Christmas Tea, bake and craft sale. Was a great event. Thanks to all the volunteers , people participating and assisting to support this activity. Thanks for the baked good donations and for making our Christmas Tea, Bake and Craft Sale a very special event.



Are you interested to learn [Belly Dance](#)?

Every Wednesday at 6pm

come to learn belly dance and have fun.

(no instructor). Free.

Everyone is welcome.



### Latin Dance lessons

Thursday's from 3 to 4 pm

\$5.00 members \$8.00 non-members



### Fit to Age

Wednesday's at 7 pm & Friday's at 9 am

Come and do exercises that are gentle but target all areas of the body to build strength, balance and range of motion.

Contact us for prices and more information.



### CALENDAR UPDATE

Three scenes have been taken. We have 9 or 10 more to take. The owners of the vintage car's do not want to take their cars out in the ice and snow.

When the weather cooperates we will start taking pictures again. We have not forgotten the models we have approached. Please stay tuned.

The Calendar Committee



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
2	3	4	5	6	7	8
	9:00 Men's Coffee 9:00 Ladies Coffee 9:00-Table Tennis 9:00 Quilting 1:00-Quilting 1:00 Men's Pool 7:00 Table Tennis	9:00 Men's Coffee 9:00-Table Tennis 9:30 -Oil Painting 11:00-Move & Mingle 12:00 Program Meeting 1:00 Crib 1:00-Crafts & Pool 7:00 Wood Carvers	9:00 Men's Coffee 9:00-Table Tennis 10:00-Yoga 12:00 pizza lunch 1:00 Carpet Bowling 1:00-Men's Pool 5:00 Spanish Lessons 6:00 pm Belly Dance 7:00 pm Fit to Age	9:00 Men's Coffee 8:45-Table Tennis 11:00-Move & Mingle 1:00 - Crib, Crafts, Pool 3:00 Latin dance lessons 7:00 pm-Bid Euchre	9:00 Men's Coffee 1:00-Ladies Snooker 3:00-5:00-Happy Hour-Members & Guests	
9	10	11	12	13	14	15
	9:00 Men's Coffee 9:00 Ladies Coffee 9:00-Table Tennis 9:00 Quilting 1:00-Quilting 1:00 Men's Pool 7:00 Table Tennis	9:00 Men's Coffee 9:00-Table Tennis 9:30 -Oil Painting 11:00-Move & Mingle 12:00 Watcha got Lunch 1:00 Crib 1:00 General Meeting 1:00-Crafts & Pool 7:00 Lions Club 7:00 Wood Carvers	9:00 Men's Coffee 9:00-Table Tennis 10:00-Yoga 12:00 Pot Luck Lunch 1:00 Carpet Bowling 1:00-Men's Pool 5:00 Spanish Lessons 6:00 pm Belly Dance 7:00 pm Fit to Age	9:00 Men's Coffee 9:00-Table Tennis 11:00-Move & Mingle 1:00 - Crib, Crafts, Pool 3:00 Latin dance lessons 7:00 pm-Bid Euchre	9:00 Men's Coffee 9:00 Fit 2 Age 1:00-Ladies Snooker 3:00-5:00-Happy Hour-Members & Guests 5:30 TGIF Dinner	
16	17	18	19	20	21	22
	9:00 Men's Coffee 9:00 am Foot Nurse 9:00 Ladies Coffee 9:00-Table Tennis 9:00 Quilting 1:00-Quilting 1:00 Men's Pool 7:00 Table Tennis	9:00 Men's Coffee 9:30-Oil Painting 11:00-Move & Mingle 1:00 Crafts & Pool 1:00 Crib 7:00 Wood Carvers	9:00 Men's Coffee 10:00-Yoga 12:00 Pot Luck Lunch 1:00-Carpet Bowling 1:00-Men's Pool 5:00 Spanish Lessons 6:00 pm Belly Dance 7:00 pm Fit to Age	9:00 Men's Coffee 9:00-Table Tennis 11:00-Move & Mingle 1:00 - Crib, Crafts, Pool 3:00 Latin dance lessons 7:00 pm-Bid Euchre	9:00 Men's Coffee 9:00-Fit 2 Age 1:00-Ladies Snooker 3:00-5:00-Happy Hour-Members & Guests	
23	24	25	26	27	28	29
	OFFICE CLOSED	OFFICE CLOSED CHRISTMAS DAY	OFFICE CLOSED BOXING DAY	OFFICE CLOSED	OFFICE CLOSED	
30	31					
	OFFICE CLOSED					
<ul style="list-style-type: none"> <li>● <b>S.E.H.A. Sunday Services Church * NO Table Tennis Saturday's of December</b></li> </ul>						